SEC For	m 4																	
FORM 4 UNITE) STA	TES	s se			ES AND ington, D.C.			NGE C	OMMI	SSION		OMB	APPROV	/AL	
Section 16. Form 4 or Form 5 obligations may continue. See				ed pur	T OF CHANGES IN BENEFICIAL OWNERSHIP											OMB Number: 3235-0287 Estimated average burden hours per response: 0.5		
1. Name and Address of Reporting Person [*] <u>Cooney John F</u> (Last) (First) (Middle) C/O DESTINATION XL GROUP, INC.					DESTINATION XL GROUP, INC. [DXLG] (Check all applic Director Director 3. Date of Earliest Transaction (Month/Day/Year) Officer								,			ner becify		
(Street)	CANTON MA 02021				4.1									Individual or Joint/Group Filing (Check Applicable le) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transa Date (Month/D					action	i 2 Eear) ii	A. Deem Execution f any Month/D	ned n Date	ar) 8) (A) or			ed (A) or tr. 3, 4 and	d 5. Amount of Securities Beneficially		Form (D) of	: Direct or r Indirect E str. 4) C	7. Nature of Indirect Beneficial Dwnership Instr. 4)	
		٦							quired, Di s, option					Owned				
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security 3. Transaction Date (Month/Day/Yea			3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transaction Code (Instr. 8)				6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	derivative Securities Beneficia Owned Following Reported	ecurities eneficially wned bllowing eported ansaction(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisable		Expiration Date	Title	Amount or Number of Shares					
Employee Stock Option (Right to Buy)	\$0.75	08/05/2021			A		3,177		03/09/2022 ⁽	¹⁾	03/09/2031	Common Stock	3,177	\$0	3,177	7	D	

Explanation of Responses:

1. The option grant was approved by the Issuer's Compensation Committee on March 9, 2021, subject to shareholder approval of an amendment to the Issuer's 2016 Incentive Compensation Plan under which the option was granted. The Issuer's shareholders approved the amended plan on August 5, 2021. The options are exercisable in three equal installments on March 9, 2022, March 9, 2023 and March 9, 2024.

1 ,	
John F. Cooney	10/05/2022
** Signature of Reporting Person	Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.