UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): November 02, 2026

DESTINATION XL GROUP, INC.

(Exact name of Registrant as Specified in Its Charter)

Delaware	**001-34219**	**04-2623104**
(State or Other Jurisdiction of Incorporation)	**(Commission File Number)**	**(IRS Employer Identification No.)**

555 Turnpike Street **Canton, Massachusetts**	**02021**
(Address of Principal Executive Offices)	**(Zip Code)**

Registrant's Telephone Number, Including Area Code: 781 828-9300

(Former Name or Former Address, if Changed Since Last Report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

☐ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

☐ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

☐ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

☐ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities registered pursuant to Section 12(b) of the Act:

Title of each class	**Trading Symbol(s)**	**Name of each exchange on which registered**
Common Stock, par value $0.01 per share	DXLG	The Nasdaq Stock Market LLC

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§ 230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§ 240.12b-2 of this chapter).

Emerging growth company ☐

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act. ☐

Item 7.01. Regulation FD Disclosure

On November 2, 2026, Destination XL Group, Inc. (the "Company") issued a press release announcing that its 2026 Annual Meeting of Stockholders (the "Annual Meeting") will be held on December 17, 2026 at 11:30 a.m. ET at its corporate offices, and setting forth the deadlines for the submission of stockholder proposals and director nominations for the Annual Meeting. The record date for the Annual Meeting is November 13, 2026. A copy of the press release is furnished herewith as Exhibit 99.1.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits

Exhibit No.	**Description**
99.1	Press release dated November 2, 2026.
104	Cover Page Interactive Data File – The cover page interactive data file does not appear in the interactive data file because its XBRL tags are embedded within the Inline XBRL document.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

Destination XL Group, Inc.

Date: November 2, 2026

By: /s/ Robert S. Molloy
Robert S. Molloy
General Counsel and Secretary

Exhibit 99.1

Destination XL Group, Inc. Announces Date for 2026 Annual Meeting of Stockholders

CANTON, Mass., November 2, 2026 – Destination XL Group, Inc. (NASDAQ: DXLG) (the "Company"), the leading integrated-commerce specialty retailer of Big + Tall men's clothing and footwear, announced today that its 2026 Annual Meeting of Stockholders (the "2026 Annual Meeting") will be held on Thursday, December 17, 2026. The meeting will be held at the Company's corporate headquarters located at 555 Turnpike Street, Canton, Massachusetts 02021. The formal portion of the 2026 Annual Meeting will commence at 11:30 a.m. Eastern Time and will be held in person only, with no remote participation or streaming.

The record date for determining stockholders entitled to notice of, and to vote at, the 2026 Annual Meeting is the close of business on November 13, 2026.

Because the date of the 2026 Annual Meeting is more than 30 days after the anniversary of the Company's 2025 Annual Meeting of Stockholders, the deadlines for stockholder proposals and director nominations set forth in the Company's definitive proxy statement for its 2025 Annual Meeting of Stockholders, filed with the U.S. Securities and Exchange Commission (the "SEC") on June 30, 2025, no longer apply. The Company has set the following new deadlines for the 2026 Annual Meeting:

Any stockholder proposal submitted for inclusion in the Company's proxy materials for the 2026 Annual Meeting pursuant to Rule 14a-8 under the Securities Exchange Act of 1934, as amended (the "Exchange Act"), must be received by the Corporate Secretary at the Company's principal executive offices at 555 Turnpike Street, Canton, Massachusetts 02021 no later than the close of business on November 12, 2026, which the Company has determined is a reasonable time before it begins to print and send its proxy materials. Any such proposal must also comply with the requirements of Rule 14a-8.

Under the Company's Fourth Amended and Restated By-Laws (the "By-Laws"), any stockholder who intends to bring business before the 2026 Annual Meeting outside of Rule 14a-8, or to nominate a person for election as a director, must deliver written notice to the Corporate Secretary at the address above no later than the close of business on November 12, 2026, which is the 10th day following the date of this press release. Any such notice must comply with the requirements of the By-Laws. Stockholders who intend to solicit proxies in support of director nominees other than the Company's nominees must also provide notice that sets forth the information required by Rule 14a-19 under the Exchange Act no later than the close of business on November 12, 2026.

Additional information regarding the 2026 Annual Meeting and the matters to be considered by stockholders will be included in the Company's definitive proxy statement when filed with the SEC.

About Destination XL Group, Inc.

Destination XL Group, Inc. is the leading retailer of Men's Big + Tall apparel that provides the Big + Tall man the freedom to choose his own style. Subsidiaries of Destination XL Group, Inc. operate DXL Big + Tall retail and outlet stores and Casual Male XL retail and outlet stores throughout the United States, and an e-commerce website, DXL.COM, and mobile app, which offer a multi-channel solution similar to the DXL store experience with the most extensive selection of online products available anywhere for Big + Tall men. The Company is

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headquartered in Canton, Massachusetts, and its common stock is listed on the Nasdaq Capital Market under the symbol "DXLG." For more information, please visit the Company's investor relations website: https://investor.dxl.com.

Investor Relations Contact:

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(603) 933-0541

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