FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL								
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l	hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* BERNIKOW ALAN S						2. Issuer Name and Ticker or Trading Symbol CASUAL MALE RETAIL GROUP INC CMRG]							5. Relationship of Reporting P (Check all applicable) X Director			10% Owner	
(Last) (First) (Middle)					3. Date of Earliest Transaction (Month/Day/Year) 01/29/2009								Officer below)	(give title	e Other (specify below)		pecify
(Street)					If Ame	ndme	nt, Date	of Original File	ed (Moi	nth/Day	y/Year)	Line	,	·			
(City) (State) (Zip)					X Form filed by One Reporting Person Form filed by More than One Reporting Person												
		Tab	le I - Non-De	rivativ	e Se	curit	ties Ac	quired, Di	spos	ed of	f, or Ber	neficial	ly Owned				
1. Title of Security (Instr. 3) 2. Transposite (Month/L				action 2A. Deemed Execution Date, if any (Month/Day/Year)		e, Transaction Disposed Code (Instr. 5)			rities Acquired (A) or ed Of (D) (Instr. 3, 4 and		Beneficially Owned Followin		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
								Code V	Am	nount	(A) or (D)	Price	Reported Transact (Instr. 3 a	ion(s)			(Instr. 4)
		-	Table II - Deri (e.g.					uired, Dis s, options,					Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year	Code (Instr.				6. Date Exercisable and Expiration Date (Month/Day/Year)		and	7. Title and Amo of Securities Underlying Derivative Secur (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expira Date	ation	Title	Amount or Number of Shares					
Non- Qualified Stock Option (right to buy)	\$6.93	01/29/2009		D			15,000	(1)	08/08/	/2015	Common Stock	15,000	\$0.005 ⁽²⁾	0		D	
Non- Qualified Stock Option (right to buy)	\$11.15	01/29/2009		D	25,000		(1)	07/31/	/2016	Common Stock	25,000	\$0.002 ⁽²⁾	0		D		
Non- Qualified Stock Option (right to buy)	\$10.22	01/29/2009		D			25,000	(3)	07/31/	/2017	Common Stock	25,000	\$0.002 ⁽²⁾	0		D	

Explanation of Responses:

- 1. As of the date of the reported transaction all of these options were fully vested and exercisable.
- 2. Sale price per underlying share is based on the Black-Scholes value of the option based upon the closing stock price of the Company's common stock on January 29, 2009.
- 3. One-third vested on date of grant and one-third on each of the first and second anniversary of grant date.

Dennis R. Hernreich, Attorneyin-Fact for Alan S. Bernikow

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.